



The Dose

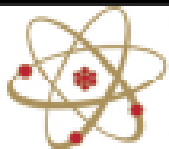
The Merrick Group, Inc.

DECEMBER
2023



Don't forget about the Merrick Merch Store. New items have been added over the last few months. If you have any issues with orders, please contact Amanda: ahudock@mginc.net

Click the image below to place an order or go to
<https://stripesandstrikes.chipply.com/merrick/>



**MERRICK
MERCH**



Please join us in making donations to Toys for Tots this holiday season. Donations will be accepted at the Hazleton office through Wednesday, December 20th. Venmo donations are also accepted. Help us make a difference this Christmas!!



STAYING FOCUSED

Life is full of distractions & it can be difficult to stay focused. All too often, we are physically present somewhere, but our focus and attention are on other things. It is important for all of us to realize when our focus, attention or mind is not fully present in the moment when we are completing a work task. This temporary lack of engagement can lead to safety issues and injuries to ourselves and those around us. Use the following tips to help you be more in the moment the next time you find your mind or attention wandering:

Take note of how well you are focusing at a given moment. From there, make the conscious choice to improve your attention to important matters.



Eliminate distractions from the physical work area. Things such as noise, clutter and equipment can have a large impact on your ability to pay attention to what you are doing.

When you are part of a discussion or receiving directions, make sure you are actively listening. You are responsible for the information being communicated.

With all the events going on around us, it's normal to get distracted from time to time. We all want to go home safe to our families at the end of the day, so do your part to stay focused!!

Make sure you are getting enough quality sleep. This can make all the difference in whether you are able to fully focus on the task at hand.

**AND THE
WINNER IS...**

AARON GOODNIGHT

BIG thanks to everyone who participated in our picture contest for The Dose this season. Congratulations to Aaron on winning a Visa gift card for the most photos submitted! Get those phones ready for Spring season, we will be running another contest!

Photos can be sent to sprobert@mginc.net

**END OF YEAR
WRAP UP
2023**

**EMPLOYEES
STAFFED IN 2023
260**

**HOURS WORKED
IN 2023**

OVER 215k

**COMPLETED
CONTRACTS
IN 2023
145**



**BEST
YEAR
EVER**



"It is always a pleasure having the Merrick group at Comanche Peak. The entire Merrick group organization consistently displays the highest ownership, dedication and professionalism. Thank you for supporting us ensuring we have a successful outage."

**DAVID COOK
Comanche Peak Maintenance Manager**

**Shout
out**

"I Just wanted to take a minute to reach out and give my personal thanks, as well as let you all know how much the station appreciates the efforts and flexibility of Merrick Group in getting resources to our site quickly to support our forced outage. Jake, Brayton, and Mason were instrumental in getting the testing and analysis complete so we could move forward and get back to 100%. While onsite they displayed outstanding professionalism and we would be glad to have them back on site anytime."

**TANNER STIDHAM
EVERGY Supervisor Quality Control**



"SOME PEOPLE DREAM OF
SUCCESS WHILE OTHERS WAKE
UP & WORK HARD FOR IT"