



# The Dose

The Merrick Group, Inc.

MAY  
2025

## the big **SHOUT OUT**

From Talen Energy:

"A shoutout and testament to Merrick's teamwork, commitment and dedication to Susquehanna's Unit 2 22<sup>nd</sup> Refueling and Inspection Outage (U2 22RIO) which was demonstrated by executing work safely and efficiently while cleaning RHR A.

Merrick not only gave back 10 hours to the outage schedule from the efficiencies made while cleaning the Residual Heat Removal "A", but accepted additional scope at no extra costs which is a direct result of challenging the status quo, aligning with the Stations Strategic Objectives- Safety Performance, Operational Excellence and \$22 Per MW.

The Merrick Team embraced adversity while being short on manpower, scheduling 24/7 coverage and staggering breaks throughout the RHR A evolution. The original schedule window commenced at 0700 and was estimated to finish at 2300. Merrick improved the duration by 10 hours as the job was completed at 1300, allowing for Eddy Current Testing to be performed ahead of schedule. These efficiencies provided Merrick, as discussed with Outage Manager Carl Young, the ability to perform additional work at no additional cost to their original approved load board. Merrick's drive to go above and beyond also directly supports Susquehanna's Strategic Objectives."

*Please remember to update our office when you have a change in phone number, address, email, etc. Also, be sure to send up updated copies of your Driver License or Real ID once obtained. Our files being up to date is crucial when it comes to providing site with information and PHQ delivery.*



## WHERE ARE WE WORKING THIS MONTH?

STP

Brunner Island

Colstrip SES

Catawba

Panther Creek

Montour

Columbia

Comanche



Starting **May 7, 2025**

individuals will need a Real ID or Passport to board domestic flights, access certain federal facilities and Nuclear Sites. If you haven't applied for a Real ID yet, **NOW IS THE TIME!** Real IDs take about 2 weeks to arrive.

# STAYING FOCUSED

Life is full of distractions & it can be difficult to stay focused. All too often, we are physically present somewhere, but our focus and attention are on other things. It is important for all of us to realize when our focus, attention or mind is not fully present in the moment when we are completing a work task. This temporary lack of engagement can lead to safety issues and injuries to ourselves and those around us. Use the following tips to help you be more in the moment the next time you find your mind or attention wandering:

Take note of how well you are focusing at a given moment. From there, make the conscious choice to improve your attention to important matters.



Eliminate distractions from the physical work area. Things such as noise, clutter and equipment can have a large impact on your ability to pay attention to what you are doing.

When you are part of a discussion or receiving directions, make sure you are actively listening. You are responsible for the information being communicated.

With all the events going on around us, it's normal to get distracted from time to time. We all want to go home safe to our families at the end of the day, so do your part to stay focused!!

Make sure you are getting enough quality sleep. This can make all the difference in whether you are able to fully focus on the task at hand.



## ***S.L.A.M Technique***

### **STOP, LOOK, ASSESS, MANAGE**

#### Stop:

Engage your mind before your hands. Look at the task at hand.

#### Look:

Look at your workspace, find and report any possible hazards.

#### Assess:

Assess the effects that the hazards have on you, coworkers, equipment, procedures, pressures and the environment. Ask yourself if you have the knowledge, training and tools to complete the task safely. Do this with a supervisor.

#### Manage:

If you feel unsafe stop working. Tell your supervisor and coworkers. Tell your supervisor what actions you think are necessary to make the situation safe.

### **DID YOU KNOW?**

**Plant Vogtle is the largest nuclear power plant in the country since the addition of the two new AP 1000 reactors.**

## **NUCLEAR MILESTONE**

Researchers at Pacific Northwest National Laboratory created a new super alloy that swaps out cobalt for manganese. If the promise this new alloy shows so far continues, it could be used in future advanced reactors and reduce U.S. dependence on China-sourced cobalt.



Source: [energy.gov](https://energy.gov)





Columbia grill session



McGuire - Jessie  
Padgett torquing



STP - Travis Greene & Issac Cramer



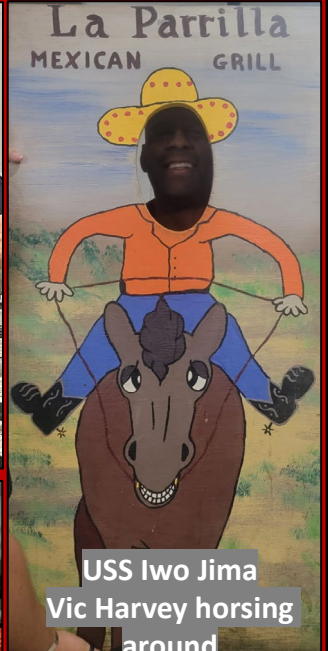
SSS HX- Terry Berger &  
Dave Merrick



USS Marinette  
Ben Vaughn



STP - Half of S.P.G.  
(Special Projects Group)



USS Iwo Jima  
Vic Harvey horsing  
around



Callaway Cooling Tower



DC Cook Luke Zander



Comanche Peak -  
Dan Crispell



DC Cook Luke Zander



McGuire "Weiner Fest 2025" featuring  
Jayden Muellner, Jeremy Foster, Robert  
King, Brayton Oakes, & Josh Roson

