



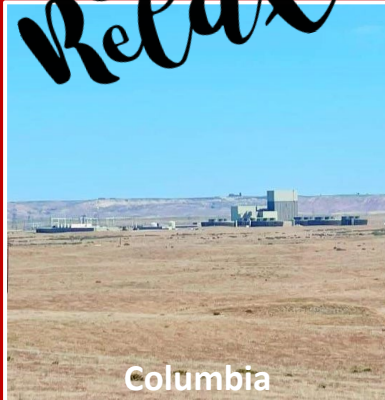
# The Dose

The Merrick Group, Inc.

JUNE  
2023

*Time to Relax*

Another season is coming to an end and we are so grateful for each of you and your hard work this season. We hope everyone has a wonderful summer and enjoys time with friends & family!!



Columbia



Calvert Cliffs



Comanche



## SUPPORT DAVE MERRICK IN THE NAVY SEAL FOUNDATION'S 4X4X48



In April of 2007, while battling Al-Qaeda fighters, Mike was shot 27 times and lived to tell his story. While fighting the demons of war including physical pain, post traumatic stress disorder and traumatic brain injury, Day was able to author a best-selling book which he wrote as an effort to help other veteran's struggling with their own experiences during their time of service. Sadly, in March of 2023, Mike Day lost his battle and was found dead by suicide. So many men and women who sacrifice everything in service to our country end up paying the ultimate price whether in war or in their battle once they return home. I am participating in The Navy Seal Foundation's 4x4x48 challenge to help raise awareness and funds for their mission to help active duty and veterans with their education and to help them build strength and resilience to what they face when their time of service concludes. I will be running/walking 4 miles every 4 hours for 48 straight hours, and I am asking for your support in my efforts. I hope that you will all join me on this journey and help these men and women get the care that they so desperately deserve.

Any donation amount is accepted and appreciated. Any donation over \$100 will receive a t-shirt to wear in support of the Navy Seal Foundation.

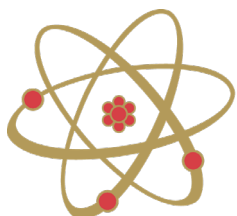
Together, we can make a big difference!! Thank you, Dave Merrick

Donation Link: <https://impact.navysealfoundation.org/MerrickGroup4x4x48>

# **NUCLEAR PROFESSIONALISM**

**Our jobs demand more which means we demand more of our employees. When you walk through those plant doors, there is no room for complacency. Short cuts don't happen on our crews. We always work to the highest standards. This is how we instill nuclear professionalism and are the leaders in nuclear maintenance:**

- Show up to work on time and ready to work
- Respect your co-workers and leadership
- Attend and participate in PJB, 2 Minute Drills & Training
- Understand your procedure & your role in each activity
- Be aware of your surroundings including hazards, plant equipment and housekeeping
- Be aware of radiological limits and what is expected of you in the RCA
- Understand the risks associated with your assigned task & mitigate or eliminate the risks
- Remember and share your OE
- Accept and offer coaching at all opportunities
- Understand industrial safety and what is expected of you so you can accept personal responsibility for your job performance.



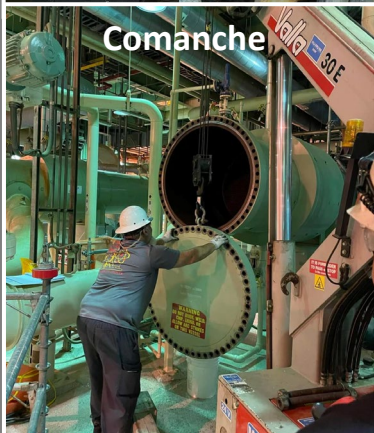
**THE  
MERRICK  
GROUP**

**WE WORK TOGETHER  
WE CRUSH GOALS  
WE ARE A TEAM!!!**





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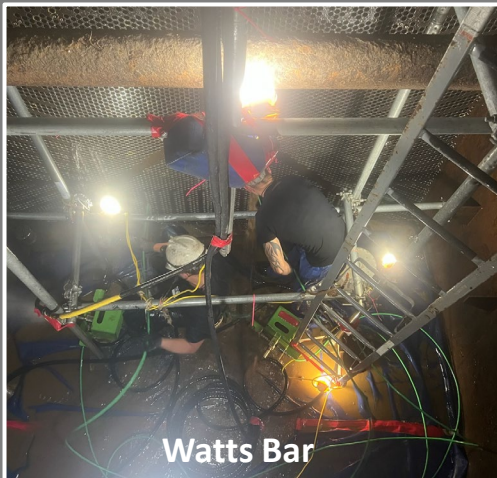
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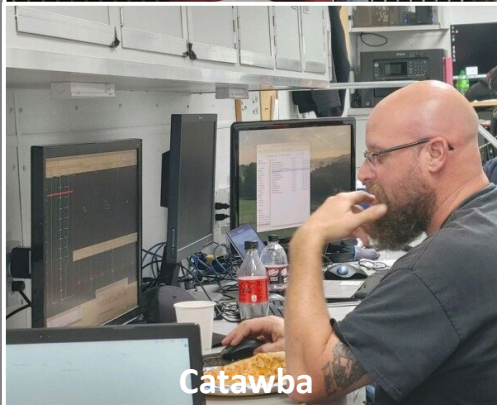
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Watts Bar



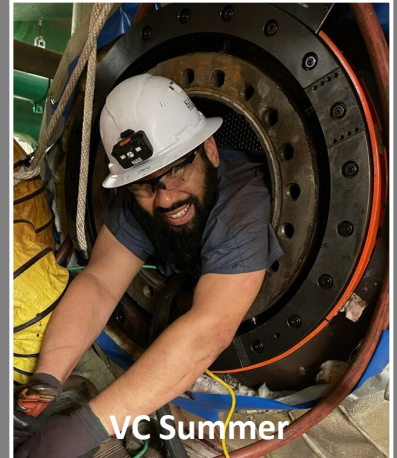
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Catawba



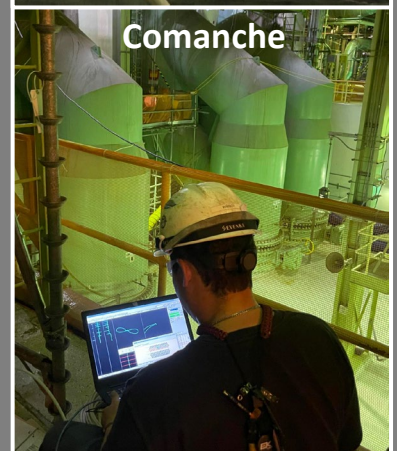
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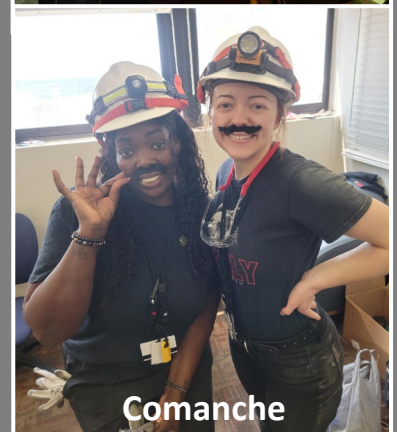
VC Summer



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