

The Dose

The Merrick Group, Inc.

GREAT JOB BRUNNER ISLAND GREAT JOB

"I CONTACTED GREG MASICH AFTER REALIZING WE HAD DEVELOPED A LEAK ON #1 UNIT EAST HP HYDROGEN COOLER. AFTER COOLER CLEANING THE PRIOR WEEK HAD COMPLETED, WE HAD NOT DONE AN AIR TEST ONLY A WATER SIDE TEST UPON COMPLETION OF CLEANING, THEY HAD ONLY DISTURBED THE WATER SIDE OF THE COOLER. GREG MASICH, ANDY "PEANER" VANSOCK AND JIM FARRELL WENT TO WORK TURNING WRENCHES, WE AIR TESTED AND LOCATED THE INITIAL LEAK, TIGHTENED BOLTS AND AIR TESTED AGAIN, IDENTIFIED ANOTHER SUSPECTED LEAK, A HOLE IN ONE OF THE COMPONENTS, AFTER WORKING WITH ENGINEERING AND DOING THEIR OWN RESEARCH ONLINE IT WAS DETERMINED THE HOLE WAS CONNECTED TO A VALVE TO EQUALIZE PRESSURE, THERE WAS ALSO A SECOND HOLE CONNECTED TO A VALVE FOR THAT WAS PLUGGED WITH DIRT WHICH IS FOR VENTING AND PURGING HYDROGEN FROM COOLER EXPLOSION HEAD. THE CREW CLEARED BLOCKAGES ON BOTH EAST AND WEST HP COOLERS, CLOSED THEM UP AND AIR TESTED AGAIN, THEY IDENTIFIED MORE LEAKS ON BOTH THE COVERS, UPON FURTHER INVESTIGATION IT WAS IDENTIFIED COVER BOLTS WERE STRETCHED AT THE THREAD'S, BOLTS AND WASHERS WERE REPLACED AND INSTALLED WITH RTV SEALANT. ANOTHER AIR TEST WAS PREFORMED AND PRESSURE HELD AT 55 PSI. THE CREW DID A GREAT JOB, WORKING SAFELY IN HEAVY RAIN, HAVING A QUESTIONING ATTITUDE, DOING THEIR OWN RESEARCH, WORKING WELL WITH MYSELF, ENGINEERING AND PLANT MANAGEMENT. WE HAD SOME GOOD LESSONS LEARNED WITH THIS WHOLE PROCESS FOR FUTURE JOBS. AS ALWAYS IT IS A PLEASURE WORKING WITH THE MERRICK GROUP." - CHUCK FOOSE, MECHANICAL MAINT. SUPERVISOR, BRUNNER ISLAND



TEAM MERRICK Do you know someone who wants to join our nuclear family??? We pay for employee referrals and are staffing for Fall outages!!! Please send resumes to: Rhonda Lambert (ECT) Brian Stackhouse (HX) WHERE ARE WE WORKING THIS MONTH??

MAY

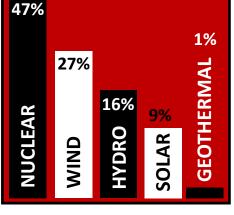
2023

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Almost half of our nation's clean energy comes from 92 nuclear reactors in the U.S. Source: U.S. Dept. of Energy

Emissions-Free Electricity Generation by Source in 2022





STAYING FOCUSED

Life is full of distractions & it can be difficult to stay focused. All too often, we are physically present somewhere , but our focus and attention are on other things. It is important for all of us to realize when our focus, attention or mind is not fully present in the moment when we are completing a work task. This temporary lack of engagement can lead to safety issues and injuries to ourselves and those around us. Use the following tips to help you be more in the moment the next time you find your mind or attention wandering:

Take note of how well you are focusing at a given moment. From there, make the conscious choice to improve your attention to important matters.

When you are part of a discussion or receiving directions, make sure you are actively listening. You are responsible for the information being communicated.



With all the events going on around us, it's normal to get distracted from time to time. We all want to go home safe to our families at the end of the day, so do your part to stay focused!! Eliminate distractions from the physical work area. Things such as noise, clutter and equipment can have a large impact on your ability to pay attention to what you are doing.

Make sure you are getting enough quality sleep. This can make all the difference in whether you are able to fully focus on the task at hand.

Dave Merrick's Fundraiser for The Navy Seal Foundation in honor of Mike Day

Friends and Co-Workers, I am asking for your help... I never met Mike Day, but I have worked, trained, sweated and bled with men like him. This man was shot 27 times and fought back but the demons of war were too much for this warrior. In June, I will be participating in the 4x4x48 challenge to raise money for The Navy Seal Foundation in Mike's name. The challenge will consist of running/walking 4 miles every 4 hours for 48 straight hours. I will be providing information on how you can support this cause in the coming weeks, but in the meantime, please read Mike's story and considering supporting my efforts.

In April 2007 U.S. Navy Seal Mike Day was on his last deployment to Iraq. His team had been tasked with conducting a raid on a series of small houses that were suspected of harboring these Al-Qaeda fighters. As he entered the room, Day was immediately shot by the combatants. Injured and without a rifle, Day managed to draw his pistol and fire on and eliminate one of the Al-Qaeda fighters. Day then turned his fire on another fighter in the hallway that was trying to throw a hand grenade at his teammates. "I shot him. He dropped the grenade. It blew up and knocked me out." While unconscious, the battle continued to rage around Day and some of his teammates were killed in the intense fighting. Facing heavy enemy fire, Day's teammates had to withdraw from the house in order to find a new way to attack the enemies that still hid inside. As his teammates left, they had to leave the still unconscious Day behind inside the house. Shortly thereafter, Day began firing at the Al-Qaeda fighters again with his pistol. While Day was reloading his pistol, the fighters realized they were under attack and again turned their guns on Day and began to fire.

Day suffered a total of 27 gunshots that day and remarkably recovered and lived to tell his story. In his book, *Perfectly Wounded*, Day described his encounter as "Surreal, everything slowed down and I can tell you where every bullet impacted." Day wrote about his experiences to encourage others to develop resilience and deal with obstacles in their own lives. His memoir also detailed his journey with post-traumatic stress disorder and traumatic brain injury as well as the physical pain he lived with after his time in Iraq.

Day was a SEAL for 21 years before retiring as an E-8 Senior Chief. Day's military awards include two Bronze Stars, a Silver Star and a Purple Heart. He left the Navy in 2010 and joined the Wounded Warrior program helping veterans. He also worked with New York Police and SWAT teams in his final days.

Sadly, even after surviving such a courageous battle and dedicating his time to help fellow veterans impacted by the painful memories of war; he also fell victim to the toll that combat and trauma can take on even the strongest and bravest warriors.

In March, Mike Day was found dead by suicide. He left behind a family and community that held him in the highest regard. Please let Mike's story be a reminder of the military men and women who serve to protect each of us and know that they often suffer not only physical but psychological wounds that they carry with them for the entirety of their lives. All active military and veterans should be given the utmost medical and mental care for the sacrifice they have made for this country; but often times, they are left untreated or without sufficient treatment. Please help me to bring awareness to this cause which is so near and dear to my heart and help us get the care these men and women so desperately deserve. Details of how you can participate in this fundraiser will be sent in a separate email. Thank you, Dave Merrick





