

The Dose

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OCTOBER 2023

The Merrick Group, Inc.

Merrick Group
Participated in
Talen Energy's 5th
Annual
Sporting/Trap
Shoot
Talen Energy raised
\$12,705 for Berwick
Area United Way



(L-R) Rick Patton, Dave Merrick, Dan Merrick, Dave Probert & Jeff Helsel

FALL 2023

Brunner Island
McGuire
Comanche Peak
Callaway
Martin's Creek
Salem, Byron (ML)
Peach Bottom (ML)
Farley
DC Cook
Oconee
Watts Bar







REMINDERS

Please make sure to
Keep sending in pictures
of the job you are on
Send to
sprobert@mginc.net
Include the project and
the names of who is in
the picture



October Birthdays
Brian Stackhouse 10/7
Jake Endres 10/18
Dave Probert 10/23
Victor Esquivel 10/29



Why do mummies make great employees??

They get really wrapped up in their work!!



HEALTHY HABITS TO HELP PROTECT FROM GETTING SICK

The tips below will help you learn about additional actions you can take to protect yourself and others from flu and help stop the spread of germs

AVOID CLOSE CONTACT

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too

COVER YOUR MOUTH AND NOSE

Cover your mouth and nose with a tissue when coughing or sneezing

CLEAN YOUR HANDS

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub

AVOID TOUCHING YOUR EYES, NOSE OR MOUTH

Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth

PRACTICE OTHER GOOD HEALTH HABITS

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food

HYDRATION & HEALTH



Dehydration happens when your body is losing more fluids that you are taking in. Dehydration can cause the following symptoms: headache, fatigue, digestive issues, soreness & skin issues. While we work, it is important to drink water before, during and after your shift. Cool water is absorbed more quickly than warm water & sports drinks with electrolytes can help fight extreme dehydration.

WORK PACKAGE & PROCEDURE USE & ADHERANCE

As nuclear professionals, we must perform the correct action on the correct component, following the applicable procedure every single time we go out in the field.



Every activity we perform has a work order and procedure associated with it. Prior to the beginning of a task, you will participate in a Pre-Job Brief where you will discuss the specific tasks, roles and responsibilities of each team member and cover relevant OE and potential human performance errors. During the Pre-Job Brief, you will be notified of any anticipated QC Hold Points in your Procedure. You must sign onto the clearance prior to breaking the plain of the component.



Be sure to walk down your assigned component prior to initiating work. You will need to perform a proper CCV and a Two Minute Drill prior to work, as well as checking and signing off on all applicable tags in the work area. While communicating with your crew, be sure to engage in the phonetic alphabet as well as using three-part communication to ensure all members of the crew understand next steps in the procedure.



You must follow all steps in the procedure as they are written. Be sure to use the circle/slash method in order to be sure all paperwork is up to date at all times. Only the person who has completed the work should sign off on the step. You should never complete paperwork on someone else's behalf. If your work environment changes during the course of work, stop and perform another Two Minute Drill to ensure you can safely follow all written instructions without deviation.



STOP when unsure about the next steps in your work package, when conditions change and you cannot safely complete the steps, when you come to a QC hold that requires you to contact QC prior to continuing work, or if ANYTHING seems unusual or unexpected. Take the time to call your Supervisor and ask for guidance before moving forward.



Once work is complete, or at the end of your shift, you will return to the office to complete any additional paperwork necessary. You will also sign off of the clearance at the end of work or the end of your shift, whichever comes first. If work is not complete you will need to prepare to give details to the next shift at turnover as well as ensure your work package has all circle slashes marked to ensure what step the next shift will start on.

END OF ACTIVITY OR SHIFT

Just in Time Training Merrick Office Hazleton

Thank you for everyone's participation!





Getting Ready for Fall









Vogtle: Sparkman, Mikelski, Esquivel

McGuire: Dailey, Masich

McGuire: Oakes

Brunner: Berger, Vansock

Brunner: Farrell

(left to right)



