



The Dose

JANUARY
2024

The Merrick Group, Inc.

from the desk of

DAN MERRICK, CEO

I cannot believe another year has flown by! As we begin our preparations for next year, it is always good to reflect on our accomplishments from this year.

I would like to personally thank and congratulate everyone for their dedication, commitment, and hard (safe) work for the entire year! It was difficult at times and very busy. The endless hours spent working safely and the professionalism shown is always noticed and recognized by our customers. It is what sets us apart from the rest and makes us the best in the industry! We took on some new projects and worked at a couple new facilities. As always, we set the bar for other contractors! As a team, we worked approximately 215,000 hours in 2023!

Merrick has a very bright future, and I look forward to working with all of you as we move into 2024 and beyond! Our spring season is shaping up to be one of our busiest yet! We will need lots of employees to staff the outages we have scheduled. Please remember the employee referral program – help us staff the jobs by referring personnel and pick up a little cash along the way!

Any ideas or innovations that can help make The Merrick Group better are always welcomed! Thank you once again for your hard work, commitment, and invaluable contributions toward helping this business reach its full potential.

Happy New Year!

SPRING 2024 OUTAGES

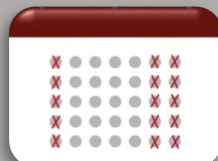
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**MCGUIRE
POINT LEPREAU
MONTOUR
OCONEE
WOLF CREEK
HARRIS
BRUNNER ISLAND
SEQUOYAH
FARLEY
CATAWBA
SUSQUEHANNA
BRUNSWICK
ANO
CALVERT CLIFFS
BRUCE POWER
DC COOK**

SPRING SCHEDULES

If you have not already received your Spring 2024 schedule or if you have any questions, please reach out:

Brian Stackhouse (HX)
Rhonda Lambert (ECT)



WALK LIKE A PENGUIN

Get in the right mindset for winter walking safety because it's HERE:

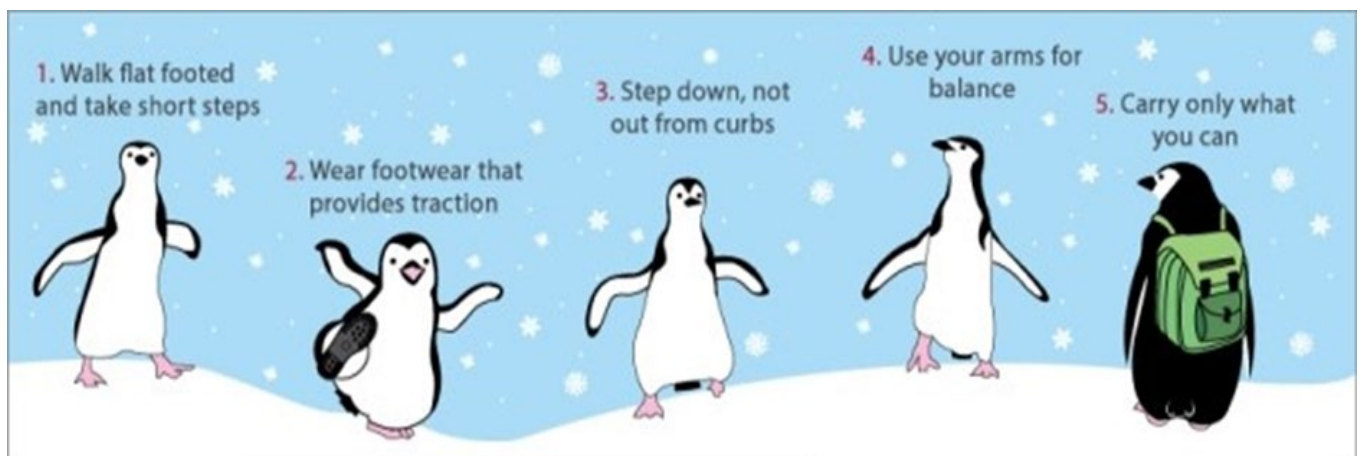
- **Engage in Safe Walking: From the time you step out of your vehicle to go to work, to the time you get back in your vehicle to go home.**
- **Mindset: Imagine how carefully you would walk if you were carrying a baby in your arms in icy conditions— use that level of caution when walking on ice and snow.**
- **Use the Walk Like a Penguin strategy outside of work and educate your family and friends on safe walking strategies in ice/snow.**



Remember:

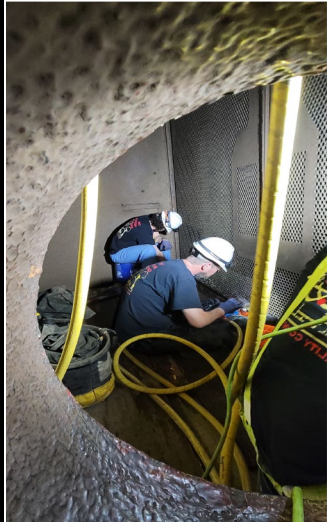
- **Check your Footwear! Unsafe winter footwear includes: sandals, crocs, open-toed, open-heeled & sling back shoes, high heels, worn soles, and low-traction dress shoes.**
- **Keep hands free: for balance and to help mitigate falls**
- **Use floor mats when entering a building to stomp the snow and ice off your shoes**
- **Wear gloves instead of keeping hands in pockets**
- **Use a backpack to carry items, so your hands are free.**

What happens if you have done all the safety tips and still feel yourself start to fall? Try to tuck your chin so that your back, not your head will hit the ground first. Also, try to twist or roll on your side to help spread the impact of the fall and not just have the impact of the force of your fall on one body area increasing the chances for injury.



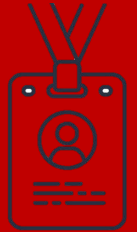


SEQUOYAH WATERBOX



REMINDERS

Please make sure your personnel file is up to date heading into the spring season. This includes updated driver license, payroll information, mailing address, email, phone number, etc. These details are submitted to plants for PHQ & badging, if we don't have your correct info, your in-processing could be delayed or denied. Also, don't forget about our referral program! We are staffing for the spring season, if you know someone who would like to join Merrick contact Brian! Existing nuke worker or new to nuclear, be sure to refer a friend!



Our toy collection for Toys for Tots was once again a success this holiday season. Thank you to all who participate and help us make a difference year after year! A small and simple gesture can change a child's entire Christmas!



DID YOU KNOW?

- Bruce power is the third largest operating nuclear plant in the world.
- Bruce Power became the world's largest operating nuclear facility in 2012, when Units 1 & 2 returned to operation after a multibillion-dollar refurbishment project.
- This project returned the site to full operating capacity for the first time in 17 years.